Your Results

You will be able to get your results from your referring consultant. Seven days from your appointment.

If your GP has referred you will need to make an appointment with your GP.

How to find us

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What is retrograde ejaculation?

It is suspected when there is a very low amount of semen produced.

This can be caused by surgery causing nerve damage, a genetic condition or spinal cord damage.

This abnormality causes semen to enter the bladder instead of being ejaculated via the penis.

How do we check for retrograde ejaculation?

To determine if sperm have entered your bladder we have to retrieve them from the urine immediately after masturbating to orgasm.

The retrograde test

Before your appointment you will be required to take 2 soda mint tablets or 1 teaspoon of sodium bicarbonate dissolved in water 3 times the day before your test.

This will reduce the acidity in your bladder and allow any sperm to live so we can see if they are moving.

Take 1 teaspoon of bicarbonate an hour before your appointment.

Your appointment

Arrive on the second floor ACU department 10 minutes before your appointment time.

You will be escorted to a procurement room and asked to:

- empty your bladder
- Masturbate to orgasm and collect sample
- Empty bladder and collect urine sample in the pots provided
- The two samples will be assessed for sperm