

Information leaflet for parents/carers

Re-location of the Sub-Mandibular Duct Discharge Advice



This leaflet gives you information about your child's care at home after a Relocation of the Sub-Mandibular Duct.

It is important that this leaflet is read together with the patient information leaflet "Going home after surgery." Please make sure you have been given a copy by the nursing staff on the ward.

Relocation of the sub-mandibular duct

Your child has had their sub-mandibular duct(s) relocated. This is a surgical procedure to reduce drooling (Sialorrhea). The salivary gland ducts are moved from the front of the mouth, under the tongue to the rear of the tongue. This moves the saliva from the front of the mouth to the back of the mouth where it is more easily swallowed.

What if my child has pain?

Your child may complain of some pain or discomfort after their operation. In hospital the nurses will give Paracetamol if your child needs painkillers. You should continue with this at home if your child has any pain. Please follow the instructions carefully and do not give your child more than the stated dose.

What do I need to do with the wound?

To keep the wound area clean please make sure that your child has a drink of normal water after feeding or eating to clean the area and remove any food debris from the mouth.

What about washing and bathing?

It is important to keep your child's' mouth clean so please encourage your child to brush his/her teeth twice a day as normal.

What about school, rest and play?

Your child may return to school/nursery when they feel able unless your doctor tells you otherwise.

What do I need to look out for?

If you notice any of the following symptoms please contact the ward from which your child was discharged for further advice. Contact details are on the back of this information leaflet.

- High temperature
- Not eating
- Not drinking
- Persistent vomiting
- Swelling to the wound area

If you notice any of the symptoms listed below please seek urgent medical help; dial 999 or take your child to the nearest Emergency Department.

- Severe lethargy/unresponsiveness/floppy child
- Irregular breathing pattern or difficulty in breathing
- Bleeding
- Increased pain
- Unsettled/irritability
- High temperature with cold to touch hands and/or feet
- Shaking generally to the body and limbs

Further Information

This information leaflet was produced using the latest evidence available and is based upon current practice. Further details are available upon request.

If you are concerned, need any more information or have any questions about your child when you get home please contact the ward from which your child was discharged, GP (family doctor) or your nearest Emergency Department.

Ward:

Telephone:

This leaflet has been produced by Ward 5 and the ENT Department at Birmingham Children's Hospital.

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