

Looking after and sharing information about your child

We have a duty of care to help patients and families understand how information about them is kept and shared and we include the following information in all our patient leaflets:

Information is collected about patients relevant to their diagnosis, treatment and care. We store it in written records and electronically on computer. As a necessary part of that care and treatment we may have to share some patient information with other people and organisations who are either responsible or directly involved in the patient's care. This may involve taking the patient's information off site. We may also have to share some information for other purposes; such as research etc. Any information that is shared in this way will not identify the patient unless we have the patient's and parent's/carer's consent. If you have any questions and/or do not want us to share that information with others, please talk to the people looking after your child or contact PALS (Patient Advice and Liaison Service) on 0121 333 8403.

Support our Emergency Department


Birmingham
Children's Hospital
Charity
Doing more for sick kids

With up to 200 children coming to our Emergency Department every day, with everything from broken toes to severe road traffic injuries, there can be a bit of a wait. With your help, we can continue to provide books, toys and activity packs to keep children occupied and distracted during any waits and throughout their treatment journey.

Text
GIVE2ED to
70111 to
donate **£3** to
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Standard rates apply. Registered Charity Number 1160875

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NHS

Birmingham Women's
and Children's
NHS Foundation Trust

Information leaflet for parents

Caring for your child after a buckle fracture of the wrist

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What is a buckle fracture of the wrist?

- It is a minor fracture (break) of the wrist bone.
- This is an extremely common fracture in children.

What is the treatment for a buckle fracture of the wrist?

- The fracture is treated with a wrist support, also known as a splint.
- The splint will help reduce pain and will protect the wrist from further injury.

How long should my child wear the splint?

- At the beginning, the splint should be worn at all times.
- After two days the splint should be removed during sleep.
- Once your child is comfortable then they can start reducing the time that they wear the splint.
- Your child may want to continue wearing the splint at school to protect the wrist from further injury.
- After two weeks your child should no longer need to wear the splint.
- After wearing the splint, your child's wrist may feel stiff. This is normal and should improve with time. Gentle

movement of the wrist should be encouraged. Physiotherapy is usually not required.

Does my child need a follow up appointment?

No follow up appointment is required.

When can my child return to school?

Your child can continue to go to school.

When can my child return to PE / playing sports?

- Your child should not return to PE / playing non-contact sports for three weeks.
- Your child should avoid any contact sports for six weeks.

When should I bring my child back to the Emergency Department?

- If your child develops increasing pain.
- If your child develops tingling or reduced feeling in the arm.

Pain Relief

Paracetamol and/or ibuprofen can be given regularly to relieve any pain. Please follow the instructions on the bottle carefully, concerning dose and how often the medicine can be given. Make sure you do not give your child more than the recommended dose stated on the bottle.

Further information

If you need any more information or advice please contact: 111.

Call 111 if you need medical help fast, but it's not life-threatening - for example, if you:

- Think you need to go to the hospital.
- Don't know who to call for medical help.
- Don't have a GP to call.
- Need medical advice or reassurance about what to do next.



For health needs that are urgent, you should call your GP. If a health professional has given you a number to call for a particular condition, you should continue to use that number.