

Further information

If you need any more information or advice please contact: 111.

Call 111 if you need medical help fast, but it's not life-threatening – for example, if you:

- Think you need to go to the hospital.
- Don't know who to call for medical help.
- Don't have a GP to call.
- Need medical advice or reassurance about what to do next.



when it's less urgent than 999

For health needs that are urgent, you should call your GP. If a health professional has given you a number to call for a particular condition, you should continue to use that number.

Information and internet access is also available from the Patient Experience Hub. To get there, follow the signs for the 'Patient Experience Hub' from the Hospital's main entrance.

The information has been produced by the Emergency Department.

Support our Emergency Department


Birmingham Children's Hospital Charity
Doing more for sick kids

With up to 200 children coming to our Emergency Department every day, with everything from broken toes to severe road traffic injuries, there can be a bit of a wait. With your help, we can continue to provide books, toys and activity packs to keep children occupied and distracted during any waits and throughout their treatment journey.



Text **GIVE2ED** to **70111** to donate **£3** to show your support.

Standard rates apply. Registered Charity Number 1160875

bch.org.uk/donate

NHS

Birmingham Women's and Children's
NHS Foundation Trust

Advice Sheet for

Finger Injury

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Information for Parents: Caring for your child after a finger injury

Your child has injured their finger, which has caused a minor fracture (break) or sprain.

How will my child's finger injury be treated?

- If the injured finger is very swollen, painful and difficult to move, the clinician may decide to X-Ray the injured finger, to see if there is a broken bone.
- A Nurse or Clinical Support Worker will strap the injured finger to a neighbouring finger to give it support, or apply an elasticated support and let the injured finger move with the other finger.
- A high arm sling may be applied to hold the hand up, to give support and to ease any swelling and pain.

If your child has a fracture to his/her finger, an appointment will usually be made for them to be seen in an outpatient clinic usually within 7 days.

What do I need to know?

- The strapping needs to stay on for 14 days if the finger is broken but can be removed for washing/bathing and be changed if necessary. The support needs to be removed at night.
- After 10 days to 2 weeks, the support only needs to be worn when your child is involved in sporting activities or playing outside.
- If the finger is sprained, keep the strapping on (if the finger is still uncomfortable) for up to 7 days, but try to start gently moving the finger as soon as you / your child can tolerate this.
- Swelling may increase for the first 48 hours, so it is important your child keeps the injured hand up. When your child is in bed, the sling must be taken off and the hand can be supported on a pillow.
- Paracetamol and/or ibuprofen may be given at home for pain relief. Please follow the dose instructions on the packaging carefully and make sure you do not give your child more than the recommended dose.

Data Protection - Looking after and sharing information about your child

We have a duty of care to help patients and families understand how information about them is kept and shared and we include the following information in all our patient leaflets:

Information is collected about your child relevant to their diagnosis, treatment and care. We store it in written records and electronically on computer. As a necessary part of that care and treatment we may have to share some of your information with other people and organisations who are either responsible or directly involved in your child's care. This may involve taking your child's information off site. We may also have to share some of your information for other purposes; such as research etc. Any information that is shared in this way will not identify your child unless we have your consent. If you have any questions and/or do not want us to share that information with others, please talk to the people looking after your child or contact PALS (Patient Advice and Liaison Service) on 0121 333 8403.