

Other information

Before you leave the clinic – you will be informed whether a further appointment is necessary for you to be seen again. This follow up appointment will be given to you before you leave or it will be sent to you in the post.

You will be given a handwritten letter confirming your attendance at the Hysteroscopy Clinic outlining the procedure you have undergone, this is in case you have any queries or that you seek medical advice prior to correspondence reaching your GP through the post. A formal letter is forwarded to your GP following your appointment and a copy of this letter is usually also sent to you.

If I have had a biopsy taken when will I get the results?

It can take up to two weeks for the biopsy taken to be analysed.

If the results of the biopsy are normal we will not need to see you again and you will be referred back to the care of your GP. A copy of the histology report and a letter stating that there is no abnormal pathology will be sent to your GP. You will also receive a copy of this letter.

Occasionally you may be recalled for a repeat biopsy or for treatment of minor abnormal changes to the cells lining

your womb. Should the biopsy result confirm more serious abnormalities, you will be offered an appointment within two weeks in the Outpatients Department to discuss both the results and treatment with a Consultant. Any other follow up appointment will usually take place within two months of you having the biopsy.

We hope this information is of help to you.

We have updated our Privacy Notices in line with the data protection legislation (General Data Protection Regulation (GDPR)/Data Protection Act 2018. For more information about how we use your personal data please visit our website at:

<https://bwc.nhs.uk/privacy-policy>

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One-Stop Hysteroscopy Clinic

– Post Clinic Information



Coming to our clinic may have been overwhelming at first. We hope you have felt welcome and as comfortable as possible and that we have maintained your respect and dignity at all times. We hope you have understood what has been said.

This leaflet will answer some of your questions to enable you to settle more easily at home. If there is anything else at all that you would like to know, please do ask us.

Today you have had a hysteroscopy performed. The doctor/nurse specialist had a look inside your womb with a camera.

You may have had a biopsy taken which involved taking a small sample of tissue from the inside lining of your womb.

How will I feel afterwards?

Not everyone is the same; you may experience some or no symptoms:

- **Crampy period like pains**

These usually ease off once the procedure is completed, or may continue for a day or two. You may take painkillers like paracetamol or whatever normally suits you as instructed on the packet.

- **Vaginal spotting or some fresh blood loss and watery discharge**

This may last for a day or two. Because the procedure has involved opening the neck of the womb slightly, it is advisable to use sanitary pads instead of tampons and to avoid sexual intercourse during this time to avoid the risk of infection.

Following your procedure

- It is advisable to rest for the remainder of the day.
- You may eat and drink as normal.
- You may bath/shower as normal.
- You can go back to work/resume normal activities the next day if you feel well enough.

Complications (very rare but can occur).

- Severe or persistent bleeding.
- Excessive pelvic pain.
- Infection: strong smelling discharge, feeling unwell with shivers and high temperature.

These symptoms can occur immediately or may take up to fourteen days to develop:

- Infections: These are treated with antibiotics. If an infection inside your womb is suspected at the time of hysteroscopy, we will give you antibiotics before you leave the hospital in addition to a course for

you to complete at home. If you develop symptoms up to 2 weeks following your procedure and suspect you have an infection, use the contact information listed in this leaflet to seek advice. Where antibiotics are prescribed, it is important you complete the full course given to you.

- Although extremely rare, sepsis (blood infection) can occur following a hysteroscopy procedure. Symptoms include a high temperature and generally feeling very unwell within hours of the procedure. In this instance you should attend your local A&E immediately for assessment.
- Uterine perforation (a hole in the womb). If you become unwell and are concerned please use the contact information listed in this leaflet.

Who to contact if there are problems

Please contact your GP or the One-Stop Clinic for further advice.

One Stop Clinic:

0121 335 8101
Monday – Thurs 08.30am – 5.00pm
Friday 08.30am – 12.00pm

All other times contact **Ward 8**,
Birmingham Women's Hospital
0121 335 8180.