



**Birmingham Women's
and Children's**
NHS Foundation Trust

Welcome to our Recurrent Miscarriage Clinic



By your side

We warmly welcome you to our recurrent miscarriage clinic.

The clinic is held at Birmingham Women's and Children's NHS Trust and coordinated by Tommy's National Centre for Miscarriage Research.

At our clinic we aim to:

- provide follow-up and support for women and couples who have recently received a diagnosis of recurrent miscarriage
- carry out relevant investigations to identify any causes of pregnancy loss
- suggest any treatment which might be beneficial in a subsequent pregnancy
- work with you to achieve an individualised plan of care, treatment and support for a subsequent pregnancy
- carry out targeted research to offer women and couples who experience miscarriage more answers and treatment options

Our Specialist Team

We have supported many couples through difficult times of pregnancy loss, and we continue to offer emotional support in the early weeks of their next pregnancy.

Our specialist doctors, nurses and midwives also offer information about the research that is currently taking place at Birmingham Women's and Children's NHS Trust.

Our research team is led by Professor Arri Coomarasamy.

Research

We are passionate about carrying out research to find answers to questions about miscarriage, and to offer more treatment options. We work in collaboration with Tommy's, a national pregnancy charity. If you would like further information about our research or if you would like to participate then please contact us.

Contact our specialist nurses and midwives:

Direct Landline 0121 333 9999 ext 5827

Mobile 07753 421 214

Referrals to the clinic are warmly accepted from General Practitioners nationwide. If you believe you would benefit from the care provided by our clinic please see your GP and ask to be referred.

Bereavement Support

We are so sorry for the loss of your baby during any stage of pregnancy. We are a team of specialist midwives here to support you and your family through difficult times.

The loss of your baby during any stage of pregnancy is deeply sad and upsetting, and repeated miscarriage is heartbreaking. We are a team of specialist midwives here to support you and your family through difficult times. We are so sorry for your bereavement.

We offer a variety of facilities to help you to cope with loss. There is a quiet family room where you may choose to spend time remembering your pregnancy and talking to us about it. We have a remembrance book, where you can choose to make a personal entry for your baby. The page is opened on your baby's anniversary date each year. We also have two remembrance services each year where everyone is welcome, and we can put you in touch with our multi-faith chaplaincy.

You can telephone the bereavement team on 0121 335 8286 or 07753 421 214. Our office hours are 8.30am to 4.30pm Monday to Friday. Outside of these hours you can leave a message and we will get back to you as soon as possible.

Other organisations that you may find helpful include:

Tommy's

www.tommys.org

Miscarriage Association

www.miscarriageassociation.org.uk

Together We Care And Remember

Birmingham Women's Hospital
Mindelsohn Way, Edgbaston
Birmingham B15 2TG
Website: www.bwc.nhs.uk

Authors: Bala Karunakaran, Debbie Bullen,
Karen Henson
Reviewed date: June 2017
Next review: June 2020
Ref No: 79

