



**Birmingham Women's  
and Children's**  
NHS Foundation Trust

Information leaflet for Children and Young People

# Going to the Voice Clinic



By your side

## **Why do I need to come to hospital?**

Your doctor, family or school is worried about your voice. The Voice Clinic is a special place where we look at voice problems and try to make them better.

We hope that this leaflet will help to answer some of your questions.

## **What will happen when I come to the hospital?**

You will meet the Voice Clinic team which is made up of doctors and speech therapists. We will talk with you and your family and use a special camera to look at the voice box. This is very helpful in seeing what the problem is.

## **How does the special camera work?**

This is a very small pipe camera that is put inside the nose. This can look at the voice box from the top of the throat and makes a video of your voice box.

## **Does it hurt?**

The camera can sometimes feel strange or uncomfortable but we will put some medicine spray up your nose so that it will feel better. The spray sometimes tastes a bit funny.

## **Can I watch my video?**

Yes, you can. We can record the video to show you and your family.

## **Can I eat and drink before and after the Voice Clinic?**

Yes, you can. You will not be staying or sleeping in hospital.

## **Can my mum and dad stay with me?**

Yes, your family will stay with you the whole time.

## **How long does it take?**

Our appointments usually last 45 minutes

**Do you have any questions that you would like to ask? Write them down here so you will remember**

We hope this leaflet has helped you to understand what will happen when you come to the Voice Clinic. If you or your family would like to find out more, or have any questions, please contact us.

Telephone: 0121 333 9382

**This leaflet was produced by the ENT and Speech and Language Therapy (Voice) teams**

We have updated our Privacy Notices in line with the data protection legislation (General Data Protection Regulation (GDPR)/Data Protection Act 2018. For more information about how we use your personal data please visit our website at:

<https://bwc.nhs.uk/privacy-policy>

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Produced: 09/2018  
Review Date: 09/2021  
Version 1.0  
CPADS: 65200

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