

Information leaflet for parents/carers

Airway Endoscopy Laryngotracheo bronchoscopy (LTB) Micro Laryngoscopy and Bronchoscopy (MLB)



By your side

This leaflet gives you information about your child's care at home after an airway endoscopy; Laryngotracheobronchoscopy (LTB) / Micro Laryngoscopy and Bronchoscopy (MLB).

It is important that this leaflet is read together with the patient information leaflet "Going home after surgery." Please make sure you have been given a copy by the nursing staff on the ward.

Laryngotracheobronchoscopy (LTB) / Micro Laryngoscopy and Bronchoscopy (MLB)

Your child has had an examination of their airway under general anaesthetic using a small endoscope (a thin flexible camera with a bright light at the end of it). This procedure can help to determine the cause of your child's noisy breathing and help with the planning of their care.

Occasionally, other procedures are performed at the same time as this examination such as:

Aryepiglottoplasty; this is a small operation on the voice box to treat floppiness of the voice box which has been causing breathing difficulties.

Removal of a cyst and/or granulation tissue; this is the removal of a cyst(s) or soft tissues from around the voice box which has been causing breathing difficulties.

If your child has had one of these additional procedures during surgery, you will have been informed by the medical team.

What if my child has pain?

Your child may complain of some pain or discomfort after their operation. In hospital the nurses will give Paracetamol if your child needs pain relief. You should continue with this at home if your child has any pain. Please follow the instructions carefully and do not give your child more than the stated dose.

What about school, rest and play?

Your child may return to school/nursery when they feel able unless your doctor tells you otherwise.

What do I need to look out for?

If you notice any of the following symptoms please contact the ward from which your child was discharged for further advice. Contact details are on the back of this information leaflet.

- Increased work of breathing
- Increasingly noisy breathing
- Difficulty in feeding/drinking
- Coughing/choking when feeding/drinking
- Blueness to lips, nose and mouth
- Listlessness
- High temperature

If you notice any of the symptoms listed below please seek urgent medical help; dial 999 or take your child to the nearest Emergency Department.

- Severe lethargy/unresponsive/floppy child
- Irregular breathing pattern or difficulty in breathing
- Bleeding
- Increased pain
- Unsettled/irritability
- High temperature with cold to touch hands and/or feet
- Shaking generally to the body and limbs

Looking after and sharing information about your child

We have updated our Privacy Notices in line with the data protection legislation (General Data Protection Regulation (GDPR)/Data Protection Act 2018. For more information about how we use your personal data please visit our website at:

<https://bwc.nhs.uk/privacy-policy>

Please use this space to write down any notes or questions you might have.

Further Information

This information leaflet was produced using the latest evidence available and is based upon current practice. Further details are available upon request.

If you are concerned, need any more information or have any questions about your child when you get home please contact the ward from which your child was discharged, GP (family doctor) or your nearest Emergency Department.

Ward:

Telephone:

This leaflet has been produced by Ward 5 and the ENT Department at Birmingham Children's Hospital.

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